



CUTASA S.L.



SEPTIEMBRE MENU SIN PESCADO SEPTEMBER MENU WITHOUT FISH

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		6	7	8
		Macarrones con tomate / Macaroni in tomato sauce Cinta de lomo plancha con ensalada de lechuga y maiz / grilled pork loin with salad Fruta y leche, pan integral / Fruit and milk, bread	Crema de puerros / Leak cream Albóndigas en salsa con arroz integral / Meatballs in sauce with vegetables Fruta y leche, pan / Fruit and milk, bread	lentejas guisadas / Stewed lentils Lacón al horno con ensalada / Baked smoke ham with pisto Fruta y leche, pan / Fruit and milk, bread
11	12	13	14	15
Arroz con tomate / Rice in tomato sauce Tortilla francesa con pavo lechuga y zanahoria / Turkey Omelette with salad Yogur de fruta, pan integral / Fruit Yoghurt, bread	Crema de verduras / vegetables cream Filete lomo plancha con lechuga tomate y aceitunas / Grilled pork loin fillet with Salad Fruta y leche, pan / Fruit and milk, bread	Sopa de Cocido / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta y leche, pan integral / Fruit and milk, bread	judias verdes ecologicas salteadas / sauted Bio green beans Pollo asado con patatas panadera / Roast Chicken with baked potatoes Fruta y leche, pan / Fruit and milk, bread	Espaguetis integrales con tomate y j. york / Spaguetti with vegetables and ham Sajonia con ensalada de lechuga / Grilled sajonia with salad Fruta y leche, pan / Fruit and milk, bread
18	19	20	21	22
Sopa de picadillo / egg and ham soup Lomo al ajillo plancha con pure patata / Grilled Pork Loin with potato puree Yogur de fruta, pan integral / Fruit Yoghurt, bread	Arroz ecológico con pollo / Bio rice with chicken Tortilla de patata con ensalada / Potato omelette with salad Fruta y leche, pan / Fruit and milk, bread	lasaña boloñesa / Bolognese lassagna Salchichas con ensalada / baked sausajes with salad Fruta y leche, pan integral / Fruit and milk, bread	Crema de zanahoria / Carrot cream filete de pollo a la plancha con patatas / Grilled chicken breast with potatoes Fruta y leche, pan / Fruit and milk, bread	Judías blancas guisadas con verduras / Beans stew with vegetables Lacón plancha con ensalada / Grilled smake ham with pisto Fruta y leche, pan / Fruit and milk, bread
25	26	27	28	29
Fideua de carne / Meat fideua Filete lomo plancha con lechuga y maiz / Grilled pork loin fillet with Salad Yogur de fruta, pan integral / Fruit Yoghurt, bread	pure de calabacin / Gourgette puree hamburguesa ternera plancha con cous cous / Grilled veal burger with cous cous Manzana ecologica y leche, pan / Bio apple and milk, bread	Rissotto de setas / Mushrooms rissotto Italia Tom Kha Kai (Pollo con verdura y leche de coco) Flan de huevo / Creme caramel	lentejas ecologicas guisadas / lentils stew pollo con champiñon salteado / Battered chicken with mushrooms Fruta y leche, pan / Fruit and milk, bread	Brocoli salteado / Sauted brocoly ternera guisada con patatas / Veal stew with potatoes Fruta y leche, pan / Fruit and milk, bread



SEPTIEMBRE MENU SIN LECHE
SEPTEMBER MENU WITHOUT MILK

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		6	7	8
		Macarrones con tomate / Macaroni in tomato sauce Cinta de lomo plancha con ensalada de lechuga y maíz / grilled pork loin with salad Fruta y pan integral / Fruit and bread	Crema de puerros / Leak cream Albóndigas en salsa con arroz integral / Meatballs in sauce with vegetables Fruta y pan / Fruit and bread	lentejas guisadas / Stewed lentils Bacalao horno con pisto / Baked Cod with pisto Fruta y pan / Fruit and bread
11	12	13	14	15
Arroz con tomate / Rice in tomato sauce Tortilla francesa con pavo lechuga y zanahoria / Turkey Omelette with salad Postre apto / Suitable dessert	Crema de verduras / vegetables cream Filete de lenguadina empanada con lechuga tomate y aceitunas / Breaded sole fillet with Salad Fruta y pan / Fruit and bread	Sopa de Cocido / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta y pan integral / Fruit and bread	judias verdes ecologicas salteadas / sauted Bio green beans Pollo asado con patatas panadera / Roast Chicken with baked potatoes Fruta y pan / Fruit and bread	Espaguetis integrales con tomate y j. york / Spaguetti with vegetables and ham Merluza madrileña y ensalada / Battered hake with salad Fruta y pan / Fruit and bread
18	19	20	21	22
Sopa de picadillo / egg and ham soup Lomo al ajillo plancha con pure patata / Grilled Pork Loin with potato puree Postre apto / Suitable dessert	Arroz ecológico con pollo / Bio rice with chicken Tortilla de patata con ensalada / Potato omelette with salad Fruta y pan / Fruit and bread	lasaña boloñesa / Bolognese lassagna bacalao en salsa verde con guisantes / Baked hake in Green sauce with peas Fruta y pan integral / Fruit and bread	Crema de zanahoria / Carrot cream filete de pollo a la plancha con patatas / Grilled chicken breast with potatoes Fruta y pan / Fruit and bread	Judías blancas guisadas con verduras / Beans stew with vegetables Ventresca de merluza horno con lechuga, tomate y zanahoria / Belly Hake fillet with salad Fruta y pan / Fruit and bread
25	26	27	28	29
Fideua de carne / Meat fideua Filete de pescadilla romana con lechuga y maíz / Battered hake fillet with lettuce and corn Postre apto / Suitable dessert	pure de calabacin / Gourgette puree hamburguesa ternera plancha con cous cous / Grilled veal burger with cous cous Manzana ecologica y pan / Bio apple and bread	Risotto de setas / Mushrooms risotto Italia Tom Kha Kai (Pollo con verdura) Gelatina fruta / Fruit jelly	lentejas ecologicas guisadas / lentils stew Bacalao horno con champiñon salteado / Battered cod with mushrooms Fruta y pan / Fruit and bread	Brocoli salteado / Sauted brocoly ternera guisada con patatas / Veal stew with potatoes Fruta y pan / Fruit and bread



CUTASA S.L.



SEPTIEMBRE MENU SIN HUEVO SEPTEMBER MENU WITHOUT EGG

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		6	7	8
		Macarrones sin huevo con tomate / Macaroni in tomato sauce Cinta de lomo plancha con ensalada de lechuga y maíz / grilled pork loin with salad Fruta y leche, pan integral / Fruit and milk, bread	Crema de puerros / Leak cream Albóndigas en salsa con arroz integral / Meatballs in sauce with vegetables Fruta y leche, pan / Fruit and milk, bread	lentejas guisadas / Stewed lentils Bacalao horno con pisto / Baked Cod with pisto Fruta y leche, pan / Fruit and milk, bread
11	12	13	14	15
Arroz con tomate / Rice in tomato sauce Rosti pavo con pavo lechuga y zanahoria / Turkey rosti with salad Yogur de fruta, pan integral / Fruit Yoghurt, bread	Crema de verduras / vegetables cream Filete de lenguadina empanada con lechuga tomate y aceitunas / Breaded sole fillet with Salad Fruta y leche, pan / Fruit and milk, bread	Sopa de Cocido sin huevo / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta y leche, pan integral / Fruit and milk, bread	judias verdes ecologicas salteadas / sauted Bio green beans Pollo asado con patatas panadera / Roast Chicken with baked potatoes Fruta y leche, pan / Fruit and milk, bread	Espaguetis sin huevo con tomate y j. york / Spaguetti with vegetables and ham Merluza madrileña y ensalada / Battered hake with salad Fruta y leche, pan / Fruit and milk, bread
18	19	20	21	22
Sopa de picadillo sin huevo / egg and ham soup Lomo al ajillo plancha con pure patata / Grilled Pork Loin with potato puree Yogur de fruta, pan integral / Fruit Yoghurt, bread	Arroz ecológico con pollo / Bio rice with chicken Rosti de patata con ensalada / Potato rosti with salad Fruta y leche, pan / Fruit and milk, bread	Pasta sin huevo boloñesa / Bolognese pasta bacalao en salsa verde con guisantes / Baked hake in Green sauce with peas Fruta y leche, pan integral / Fruit and milk, bread	Crema de zanahoria / Carrot cream filete de pollo a la plancha con patatas / Grilled chicken breast with potatoes Fruta y leche, pan / Fruit and milk, bread	Judías blancas guisadas con verduras / Beans stew with vegetables Ventresca de merluza horno con lechuga, tomate y zanahoria / Belly Hake fillet with salad Fruta y leche, pan / Fruit and milk, bread
25	26	27	28	29
Arroz de carne / Meat rice Filete de pescadilla romana con lechuga y maíz / Battered hake fillet with lettuce and corn Yogur de fruta, pan integral / Fruit Yoghurt, bread	pure de calabacin / Gourgette puree hamburguesa ternera plancha con cous cous / Grilled veal burger with cous cous Manzana ecologica y leche, pan / Bio apple and milk, bread	Rissotto de setas / Mushrooms rissotto Italia Tom Kha Kai (Pollo con verdura y leche de coco) Gelatina fruta / Fruit jelly	lentejas ecologicas guisadas / lentils stew Bacalao horno con champiñon salteado / Battered cod with mushrooms Fruta y leche, pan / Fruit and milk, bread	Brocoli salteado / Sauted brocoly ternera guisada con patatas / Veal stew with potatoes Fruta y leche, pan / Fruit and milk, bread



CUTASA S.L.



SEPTIEMBRE MENU SIN GLUTEN SEPTEMBER MENU WITHOUT GLUTEN

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		6	7	8
		Macarrones sin gluten con tomate / Macaroni in tomato sauce Cinta de lomo plancha con ensalada de lechuga y maíz / grilled pork loin with salad Fruta y leche, pan sin gluten / Fruit and milk, bread	Crema de puerros / Leak cream Albóndigas sin gluten en salsa con arroz integral / Meatballs in sauce with vegetables Fruta y leche, pan sin gluten / Fruit and milk, bread	Judias guisadas / Stewed beans Bacalao horno con pisto / Baked Cod with pisto Fruta y leche, pan sin gluten / Fruit and milk, bread
11	12	13	14	15
Arroz con tomate / Rice in tomato sauce Tortilla francesa con pavo lechuga y zanahoria / Turkey Omelette with salad Yogur de fruta, pan integral / Fruit Yoghurt, bread	Crema de verduras / vegetables cream Filete de lenguadina horno con lechuga tomate y aceitunas / Baked sole fillet with Salad Fruta y leche, pan sin gluten / Fruit and milk, bread	Sopa de Cocido sin gluten / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta y leche, pan sin gluten / Fruit and milk, bread	judias verdes ecologicas salteadas / sauted Bio green beans Pollo asado con patatas panadera / Roast Chicken with baked potatoes Fruta y leche, pan sin gluten / Fruit and milk, bread	Espaguetis sin gluten con tomate y j. york / Spaguetti with vegetables and ham Merluza horno y ensalada / Baked hake with salad Fruta y leche, pan sin gluten / Fruit and milk, bread
18	19	20	21	22
Sopa de picadillo sin gluten / egg and ham soup Lomo al ajillo plancha con pure patata / Grilled Pork Loin with potato puree Yogur de fruta, pan integral / Fruit Yoghurt, bread	Arroz ecológico con pollo / Bio rice with chicken Tortilla de patata con ensalada / Potato omelette with salad Fruta y leche, pan sin gluten / Fruit and milk, bread	Pasta sin gluten boloñesa / Bolognese pasta bacalao en salsa verde con guisantes / Baked hake in Green sauce with peas Fruta y leche, pan sin gluten / Fruit and milk, bread	Crema de zanahoria / Carrot cream filete de pollo a la plancha con patatas / Grilled chicken breast with potatoes Fruta y leche, pan sin gluten / Fruit and milk, bread	Judías blancas guisadas con verduras / Beans stew with vegetables Ventresca de merluza horno con lechuga, tomate y zanahoria / Belly Hake fillet with salad Fruta y leche, pan sin gluten / Fruit and milk, bread
25	26	27	28	29
Arroz de carne / Meat rice Filete de pescadilla plancha con lechuga y maíz / Grilled hake fillet with lettuce and corn Yogur de fruta, pan integral / Fruit Yoghurt, bread	pure de calabacin / Gourgette puree hamburguesa ternera plancha con cous cous / Grilled veal burger with cous cous Fruta y leche, pan sin gluten / Fruit and milk, bread	Rissotto de setas / Mushrooms rissotto Italia Tom Kha Kai (Pollo con verdura y leche de coco) Flan de huevo / Creme caramel	Judias ecologicas guisadas / Beans stew Bacalao horno con champiñon salteado / Battered cod with mushrooms Fruta y leche, pan sin gluten / Fruit and milk, bread	Brocoli salteado / Sauted brocoly ternera guisada con patatas / Veal stew with potatoes Fruta y leche, pan sin gluten / Fruit and milk, bread



CUTASA S.L.



SEPTIEMBRE MENU SIN FRUTO SECO SEPTEMBER MENU WITHOUT NUTS

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		6	7	8
		Macarrones con tomate / Macaroni in tomato sauce Cinta de lomo plancha con ensalada de lechuga y maíz / grilled pork loin with salad Fruta y leche, pan integral / Fruit and milk, bread	Crema de puerros / Leak cream Albóndigas en salsa con arroz integral / Meatballs in sauce with vegetables Fruta y leche, pan / Fruit and milk, bread	lentejas guisadas / Stewed lentils Bacalao horno con pisto / Baked Cod with pisto Fruta y leche, pan / Fruit and milk, bread
11	12	13	14	15
Arroz con tomate / Rice in tomato sauce Tortilla francesa con pavo lechuga y zanahoria / Turkey Omelette with salad Yogur de fruta, pan integral / Fruit Yoghurt, bread	Crema de verduras / vegetables cream Filete de lenguadina empanada con lechuga tomate y aceitunas / Breaded sole fillet with Salad Fruta y leche, pan / Fruit and milk, bread	Sopa de Cocido / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta y leche, pan integral / Fruit and milk, bread	judias verdes ecologicas salteadas / sauted Bio green beans Pollo asado con patatas panadera / Roast Chicken with baked potatoes Fruta y leche, pan / Fruit and milk, bread	Espaguetis integrales con tomate y j. york / Spaguetti with vegetables and ham Merluza madrileña y ensalada / Battered hake with salad Fruta y leche, pan / Fruit and milk, bread
18	19	20	21	22
Sopa de picadillo / egg and ham soup Lomo al ajillo plancha con pure patata / Grilled Pork Loin with potato puree Yogur de fruta, pan integral / Fruit Yoghurt, bread	Arroz ecológico con pollo / Bio rice with chicken Tortilla de patata con ensalada / Potato omelette with salad Fruta y leche, pan / Fruit and milk, bread	lasaña boloñesa / Bolognese lassagna bacalao en salsa verde con guisantes / Baked hake in Green sauce with peas Fruta y leche, pan integral / Fruit and milk, bread	Crema de zanahoria / Carrot cream filete de pollo a la plancha con patatas / Grilled chicken breast with potatoes Fruta y leche, pan / Fruit and milk, bread	Judías blancas guisadas con verduras / Beans stew with vegetables Ventresca de merluza horno con lechuga, tomate y zanahoria / Belly Hake fillet with salad Fruta y leche, pan / Fruit and milk, bread
25	26	27	28	29
Fideua de carne / Meat fideua Filete de pescadilla romana con lechuga y maíz / Battered hake fillet with lettuce and corn Yogur de fruta, pan integral / Fruit Yoghurt, bread	pure de calabacin / Gourgette puree hamburguesa ternera plancha con cous cous / Grilled veal burger with cous cous Manzana ecologica y leche, pan / Bio apple and milk, bread	Risotto de setas / Mushrooms risotto Italia Tom Kha Kai (Pollo con verdura y leche de coco) Flan de huevo / Creme caramel	lentejas ecologicas guisadas / lentils stew Bacalao horno con champiñon salteado / Battered cod with mushrooms Fruta y leche, pan / Fruit and milk, bread	Brocoli salteado / Sauted brocoly ternera guisada con patatas / Veal stew with potatoes Fruta y leche, pan / Fruit and milk, bread



CUTASA S.L.



SEPTIEMBRE MENU SIN CARNE DE CERDO SEPTEMBER MENU WITHOUT PIG MEAT

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		6	7	8
		Macarrones con tomate / Macaroni in tomato sauce Pollo plancha con ensalada de lechuga y maiz / grilled chicken with salad Fruta y leche, pan integral / Fruit and milk, bread	Crema de puerros / Leak cream Albóndigas ternera en salsa con arroz integral / Meatballs in sauce with vegetables Fruta y leche, pan / Fruit and milk, bread	lentejas guisadas con verdura/ Stewed lentils Bacalao horno con pisto / Baked Cod with pisto Fruta y leche, pan / Fruit and milk, bread
11	12	13	14	15
Arroz con tomate / Rice in tomato sauce Tortilla francesa con pavo lechuga y zanahoria/ Turkey Omelette with salad Yogur de fruta, pan integral / Fruit Yoghurt, bread	Crema de verduras / vegetables cream Filete de lenguadina empanada con lechuga tomate y aceitunas / Breaded sole fillet with Salad Fruta y leche, pan / Fruit and milk, bread	Sopa de Cocido / Stew Soup Garbanzo, patata zanahoria y ternera / Chickpeas, Meat and Cabbage Stew Fruta y leche, pan integral / Fruit and milk, bread	judias verdes ecologicas salteadas / sauted Bio green beans Pollo asado con patatas panadera / Roast Chicken with baked potatoes Fruta y leche, pan / Fruit and milk, bread	Espaguetis integrales con tomate y j. york / Spaguetti with vegetables and ham Merluza madrileña y ensalada / Battered hake with salad Fruta y leche, pan / Fruit and milk, bread
18	19	20	21	22
Sopa de fideos / egg soup Pavo plancha con pure patata / Grilled turkey with potato puree Yogur de fruta, pan integral / Fruit Yoghurt, bread	Arroz ecológico con pollo / Bio rice with chicken Tortilla de patata con ensalada / Potato omelette with salad Fruta y leche, pan / Fruit and milk, bread	lasaña boloñesa / Bolognese lassagna bacalao en salsa verde con guisantes / Baked hake in Green sauce with peas Fruta y leche, pan integral / Fruit and milk, bread	Crema de zanahoria / Carrot cream filete de pollo a la plancha con patatas / Grilled chicken breast with potatoes Fruta y leche, pan / Fruit and milk, bread	Judías blancas guisadas con verduras / Beans stew with vegetables Ventresca de merluza horno con lechuga, tomate y zanahoria / Belly Hake fillet with salad Fruta y leche, pan / Fruit and milk, bread
25	26	27	28	29
Fideua de pollo / Meat fideua Filete de pescadilla romana con lechuga y maiz / Battered hake fillet with lettuce and corn Yogur de fruta, pan integral / Fruit Yoghurt, bread	pure de calabacin / Gourgette puree hamburguesa ternera plancha con cous cous / Grilled veal burger with cous cous Manzana ecologica y leche, pan / Bio apple and milk, bread	Risotto de setas / Mushrooms risotto Italia Tom Kha Kai (Pollo con verdura y leche de coco) Flan de huevo / Creme caramel	lentejas ecologicas guisadas / lentils stew Bacalao horno con champiñon salteado / Battered cod with mushrooms Fruta y leche, pan / Fruit and milk, bread	Brocoli salteado / Sauted brocoly ternera guisada con patatas / Veal stew with potatoes Fruta y leche, pan / Fruit and milk, bread



CUTASA S.L.



SEPTIEMBRE MENU SIN LEGUMBRE SEPTEMBER MENU WITHOUT LEGUME

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		6	7	8
		Macarrones con tomate / Macaroni in tomato sauce Cinta de lomo plancha con ensalada de lechuga y maiz / grilled pork loin with salad Fruta y leche, pan integral / Fruit and milk, bread	Crema de puerros / Leak cream Albóndigas en salsa con arroz integral / Meatballs in sauce with vegetables Fruta y leche, pan / Fruit and milk, bread	Brocoli salteado / Sauted brocoly Bacalao horno con pisto / Baked Cod with pisto Fruta y leche, pan / Fruit and milk, bread
11	12	13	14	15
Arroz con tomate / Rice in tomato sauce Tortilla francesa con pavo lechuga y zanahoria / Turkey Omelette with salad Yogur de fruta, pan integral / Fruit Yoghurt, bread	Crema de verduras / vegetables cream Filete de lenguadina empanada con lechuga tomate y aceitunas / Breaded sole fillet with Salad Fruta y leche, pan / Fruit and milk, bread	Sopa de Cocido / Stew Soup Cocido Completo sin garbanzo / Chickpeas, Meat and Cabbage Stew Fruta y leche, pan integral / Fruit and milk, bread	Verduras salteadas / sauted vegetables Pollo asado con patatas panadera / Roast Chicken with baked potatoes Fruta y leche, pan / Fruit and milk, bread	Espaguetis integrales con tomate y j. york / Spaguetti with vegetables and ham Merluza madrileña y ensalada / Battered hake with salad Fruta y leche, pan / Fruit and milk, bread
18	19	20	21	22
Sopa de picadillo / egg and ham soup Lomo al ajillo plancha con pure patata / Grilled Pork Loin with potato puree Yogur de fruta, pan integral / Fruit Yoghurt, bread	Arroz ecológico con pollo / Bio rice with chicken Tortilla de patata con ensalada / Potato omelette with salad Fruta y leche, pan / Fruit and milk, bread	lasaña boloñesa / Bolognese lassagna bacalao en salsa verde sin guisantes / Baked hake in Green sauce without pies Fruta y leche, pan integral / Fruit and milk, bread	Crema de zanahoria / Carrot cream filete de pollo a la plancha con patatas / Grilled chicken breast with potatoes Fruta y leche, pan / Fruit and milk, bread	Pasta al aillo / Sauted pasta Ventresca de merluza horno con lechuga, tomate y zanahoria / Belly Hake fillet with salad Fruta y leche, pan / Fruit and milk, bread
25	26	27	28	29
Fideua de carne / Meat fideua Filete de pescadilla romana con lechuga y maiz / Battered hake fillet with lettuce and corn Yogur de fruta, pan integral / Fruit Yoghurt, bread	pure de calabacin / Gourgette puree hamburguesa ternera plancha con cous cous / Grilled veal burger with cous cous Manzana ecologica y leche, pan / Bio apple and milk, bread	Risotto de setas / Mushrooms risotto Italia Tom Kha Kai (Pollo con verdura y leche de coco) Flan de huevo / Creme caramel	Verduras salteadas / sauted vegetables Bacalao horno con champiñon salteado / Battered cod with mushrooms Fruta y leche, pan / Fruit and milk, bread	Brocoli salteado / Sauted brocoly ternera guisada con patatas / Veal stew with potatoes Fruta y leche, pan / Fruit and milk, bread